

Please Reply to :

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Meeting held virtually on Microsoft Teams
Thursday 2nd December 2021 1.30 – 3.00pm
Meeting Notes

1. Welcome, introductions and apologies

Attendees: , Gareth Moir (Suffolk County Council), Barbra Bilston (Churches Together), Sarah Rashleigh (DWP), Sarah Stickings (Adult Services, SCC), Irene Tibbenham (Friends of Thornham Walks), Anslam Gurney (Active Leisure), Emmi-Lu (student social worker), Anetta Bradshaw (Co-production champion).

Several apologies and out of offices were received.

2. Achievements & Challenges...

- The fact that The VASP has continued to meet has provided good networking opportunities
- With being online the improved networking that has happened with people being able to dip in and out of meetings.
- The cycle of new people joining in and out of VASP meetings

3. Co-Production

Anetta Bradshaw a Co-production champion for Healthwatch Suffolk, gave an overview of her experience of co-producing services and the value of including service users.

- **ACTION** – GM to discuss with Healthwatch about delivering a one hour workshop to deliver at a future Mid-Suffolk VASP.

4. AOB:

- DWP will be hosting a wellbeing day in February at The Mix, in Stowmarket and MS VASP have been invited to host a stand.
- Realise Futures' spring term adult learning course brochure is now available and can be emailed or printed copies supplied to anyone who is interested. Please email Anna at anna.mayes@realisefutures.org
- Discussion about any days events that The VASP can begin to get out and have a community presence
- JANUARY meeting to be moved to Tuesday 11th January and a single meeting link will **try** to be set up

Future dates: meetings will remain virtual and online until further notice

Month	Date	Venue and Speaker
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January	Tue 11th	<p>NOTE THE CHANGE OF DATE</p> <p>Gareth Moir - Suffolk County Council is inviting you to a scheduled Zoom meeting.</p> <p>Topic: Mid-Suffolk VASP Time: Jan 11, 2022 01:30 PM London</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/86781316790?pwd=aWpvVzdXVkdG1tT0dTM3NUUXIKZz09</p> <p>Meeting ID: 867 8131 6790 Passcode: 5AgmWM</p>
February	Thur 3 rd	<p>Gareth Moir - Suffolk County Council is inviting you to a scheduled Zoom meeting.</p> <p>Topic: Mid-Suffolk VASP Time: Feb 3, 2022 01:30 PM London</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/81384775209?pwd=NDVnZIE1ekMxMGILaEFsVzhMOTRBdz09</p> <p>Meeting ID: 813 8477 5209 Passcode: LSW3BU</p>
March	Tue 1st	<p>Gareth Moir - Suffolk County Council is inviting you to a scheduled Zoom meeting.</p> <p>Topic: Mid-Suffolk VASP Time: Mar 1, 2022 01:30 PM London</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/81490938564?pwd=ejBtWklxQjdUL0FaNWNTU1o1SUQxZz09</p> <p>Meeting ID: 814 9093 8564 Passcode: h4n2gV</p>
April	Thur 7 th	
May	Tue 3 rd	
June	Thur 2 nd	
July	Tue 5th	Including AGM
August		SUMMER BREAK
September	Tue 6th	
October	Thur 6 th	
November	Tue 1 st	
December	Thur 1 st	