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1



Meeting to be held at:
Needham Market Community Centre,
1 School Street, IP6 8BB

Thursday 5th July 2018 1.30 – 3.30

Minutes

1. Welcome, introductions and apologies

Attendees: Bev Stearn – SFC Martin Wright – NSFT Governor, Claire Andrade – Suffolk Mind, Grant Wright – Phoenix Counselling, Jayne Stevens – Suffolk User Forum, Linda Attwood – Enigma, Aruna Sharma-Balls - Babergh & Mid Suffolk DC, Barbara Bilston – Churches Together, Irene Tibenham – Friends of Thornham Walks, Wendy Shepherd – Suffolk User Forum.

Apologies: Gareth Moir (SCC), Fiona Palmer (BSEVC), Jo Belfield (CAS), Nigel Moyes

2. Minutes from June's meeting and matters arising – **All**

Is it possible to have minutes and agenda in PDF format in future please? **GM to do**

Addition to past meeting minutes: There is also a response to the April minutes, please, regarding the use of Mid Suffolk VASP funds to cover note taking at a Strategic County VASP meeting. Please could it be noted that this was very kindly offered at a VASP Chairs meeting as a temporary solution, to cover the cost on a short term, one-off basis until the specific agreed funds were received from NSFT. Those funds have since been received from NSFT and the money has been repaid in full, with many thanks, to Mid Suffolk VASP's account.

In response to the question of the number of emails been sent out over the last couple of months there has been a lot of time consuming hours put into preparing the VASP's distribution list for GDPR compliance, and a shift in priority of work. Once GDPR has been resolved then a steady flow of emails should resume. If there is anything that you feel is of benefit to share with the wider VASP or think that it is important for Julia to be signed up to then please let her or Gill Jones know. Please note that further updates on GDPR and how this applies to the VASP will be sent out as soon as possible.

3. Time to Change update – **Simon King**

Simon handed round VASP goodies – wristbands, bags, pens cards and Suffolk smiles stickers.
– I have plenty of these for our stall on Friday in Stowmarket.

1

Time to change has now given £9,900 to 21 different awards. Application for new awards has now closed. There are still events planned for later in the year. There is still discussion around a champions event but no information for this is available at present.

4. Guest Speaker – **Jayne Stevens**, Suffolk User Forum; Mentally Healthy Community Boards
Jayne gave an overview of who the board consists of and where the information is channelled. As well as political changes, there is a need for areas to merge. All local authorities are involved. They are looking at how health and social care will merge.
Richard Watkins Chief Transformation officer and Eugene Staunton Associate Director of Transformation are working alongside Pete Devlin and Margaret Little. Attending the meetings monthly are CCG's public health, SUF SPCN, Healthwatch. They are overseeing the mental health transformation, suicide prevention work. Sub groups work on focus pieces ie crisis care. These are all co-produced.
5. The Future of Mental Health - **Wendy Shepherd**
Wendy – the future of mental health. Wendy gave an overview of the work being undertaken by SUF, SFC, PACT and Healthwatch. There are now online surveys available for everyone to have a voice. Contact has been made to groups to speak to their members and feedback via any of the organisations. Physical health are also included in this and they have been very pleased as so often left out. Urge all to go onto website to have a voice.
6. TTC Summer Cream Tea event
TTC Cream Tea Event -Plans going well for this. Request made for support for the day. Linda, Wendy, Irene offering all day. Liz offered to pop in. Terri Ann from 12. Martin will come for 1 hour during the day.
7. World Mental Health Day 10th October 2018
We should involve Suffolk Radio. Use Red Gables as a venue for an event??
8. Suffolk Wellbeing website discussion – what are people's thoughts?
Easy to navigate, comprehensive, - no issues raised.
9. NSFT – **A representative**
Martin updated us. A Chief nurse has been appointed – Diane Hall. She comes from Sussex. As there have been so many changes, Martin will ask Antec to provide list of staff.
Hellesden Hospital is holding the NSFT summer fun day on 14th July.
10. Events - **ALL**
11. AOB and Members Updates – **ALL**
 - a. How do people feel about continuing with the first Tuesday - Thursday of each month on a rotation?
With regard to future meetings people felt that alternate days were helpful as some cannot make a specific day of the week. **GM to book with community centre**

Bev: Terri Ann Perkins has taken over from Martin Jones. She could be a speaker for later in the year??

Irene: Attended MECC with One Life. Focus on improving physical health. Managed Health walks are no longer available at Thornham.

Grant: Phoenix garden party/open day was a great success and raised a substantial amount of money.
 Barbara: Please keep her updated on any information as she is able to push this through the newsletter.

Linda: Enigma have been offered a raised bed at Red Gables to plant up with whatever they like. Able to borrow garden tools as well.

12. Dates for 2018.

Month	Date	Venue and Speaker
August		NO MEETING
September	Tue 4th	Green Room
October	Thur 4th	Green Room
November	Tue 6th	Green Room
December	Thur 6th	Green Room